



**emmaus**  
North East



**Applicant Pack**  
Chef Patron





# Contents

Thank you for your interest in the role of Chef Patron at Emmaus North East.

This pack provides you with useful information about our organisation, the job role and the application process. Please take the time to read this pack and our website to find out more about our charity, community and social enterprises.

[emmaus.org.uk/north-east](https://emmaus.org.uk/north-east) 

|                                   |         |
|-----------------------------------|---------|
| <b>Emmaus overview</b>            | page 3  |
| <b>How Emmaus works</b>           | page 4  |
| <b>Emmaus North East overview</b> | page 5  |
| <b>Mission and values</b>         | page 6  |
| <b>Emmaus movement</b>            | page 7  |
| <b>Role overview</b>              | page 8  |
| <b>Job description</b>            | page 9  |
| <b>Application process</b>        | page 10 |





# Emmaus overview

Emmaus is a secular organisation supporting homeless and socially excluded people. There are currently 30 Emmaus communities across the UK, providing a home and meaningful work to more than 850 people who have experienced homelessness, known within Emmaus as companions. In addition to this, there are three emerging groups working to establish new communities locally.

Emmaus is different to a lot of homelessness charities as it provides someone with a home for as long as it is needed, not just a bed for the night. Companions, as residents are known, each get their own room and access to communal areas where they eat and socialise together.

Social enterprise is central to the Emmaus model as it provides meaningful work for companions but also generates a large proportion of the funding needed to maintain communities. Having something to do every day provides structure and a sense of purpose to companions.

This work plays a huge part in helping to restore the self-esteem that many people lose when they are homeless, and enables them to make the most of their existing skills, while learning new ones.

Emmaus communities deliver a significant return on investment. Research shows that for every £1 invested in a community, there is an £11 return, with savings to the benefits bill and health services, and a reduction in crime reoffending.

Solidarity, helping others less fortunate than yourself, is central to the Emmaus way of life. Everyone at Emmaus, including companions, staff, trustees and volunteers is encouraged to carry out acts of solidarity to support people who need it most.

For companions in particular, this has a huge impact on their confidence and self-worth, showing them that they can make a difference to someone else's life and add value to the lives of people around them.

# How Emmaus works

Emmaus North East supports people who have experienced homelessness and social exclusion. We offer:



## **A home for as long as someone needs it**

In our Emmaus community, everyone has their own furnished bedroom. It is their space for as long as they need it. All bills are covered, basic toiletries are provided and fresh meals are prepared in the communal kitchen. Living and dining areas are shared spaces where people can relax and socialise together.



## **Meaningful work in a social enterprise**

The people we support spend time working in our social enterprises and community. For many, taking part in meaningful work gives them a focus and routine each day. The opportunity to become an active part of society, and make a contribution to it, plays an important role in restoring their self-esteem.



## **A sense of belonging and community**

We offer the companionship, support and sense of belonging that many people who have experienced homelessness may have lost. It's a safe and caring place where people can settle and rebuild their lives. Our community enables people to share their experiences and benefit from peer to peer support.



I never thought I'd be homeless but stuff happens. Honestly, I wouldn't change what I've been through because I wouldn't be who I am today. I wouldn't have met my true self and proved how strong I am. Coming to Emmaus is one of the best decisions I've ever made.



**Damian, former Emmaus companion**





# Emmaus North East overview

Emmaus North East is a local charity supporting people who have experienced homelessness and social exclusion by providing a home and an opportunity to get back on their feet. The people we support (known within Emmaus as companions) live and work together in our community home and social enterprises.

Our residential community is a place where people can make it their home, make new friends, gain confidence, and get access to the support needed to secure their own home. Whilst at Emmaus North East, companions have a chance to improve their health and wellbeing, learn new skills and gain qualifications.

In providing companions with the space, stability and support they need, we enable people to take stock of their lives and make positive changes for the future. This approach is proven to produce long-term sustainable results for people who have been stuck in the cycle of homelessness.

Here at Emmaus North East, we have a small staff team and accommodation for up to 22 companions. We are also supported by a dedicated team of local volunteers who give their time to help out in our social enterprises in Low Fell, Hebburn and South Shields.

All companions directly contribute to the success of Emmaus North East by helping in our community home and social enterprises. This provides people with a focus each day and work experience to enhance their future opportunities.

Working at Emmaus North East can be demanding at times but also very rewarding, especially seeing people overcome challenges and achieve their goals. No two days are the same at Emmaus and you can be sure of a diverse mix of people to keep every day interesting. We're working together to end homelessness and have exciting plans to further develop our community and the impact we have in the local area.

## Our mission

is to enable homeless people to rebuild their lives through support and social enterprise that enriches and involves the local communities across the North East.

## Our values

Create an environment of

# Empowerment

by valuing and respecting every person and opposing injustice.

# Enablement

by being transparent and honest in all of our dealings and demonstrating solidarity and support for those in need.

# Involvement

by sharing and exchanging resources, skills and learning, and giving support to foster interdependence and independence.

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# Emmaus movement

Emmaus North East is an independent local charity that is governed by a board of trustees. Whilst our work is focused locally, we are also part of a much wider Emmaus movement. We are a member of the Emmaus UK federation, Emmaus Europe and Emmaus International.

The history of Emmaus began in Paris in 1949 when the first Emmaus community was founded by Father Henri-Antoine Grouès, better known as Abbé Pierre. He was an MP, Catholic priest and former member of the French Resistance who fought to provide homes for those who lived on the streets of Paris.

After the first Emmaus community opened, many more were established across France. Abbé Pierre became an international figure and travelled the world spreading the word about Emmaus, leading to new communities being set up on four continents. Abbé Pierre continued to campaign until his death, in January 2007, aged 94.

There are currently more than 400 Emmaus groups spread across 41 different countries around the world. Across the globe, all Emmaus groups have the same values whilst operating in very diverse social, economic and political contexts. All share the same goal; acting against the causes of poverty and being vehicles for social transformation through allowing the poorest to become actors in their own lives.

The first Emmaus in the UK opened in 1991 and there are now more than 850 companions living at 30 Emmaus communities across the UK, stretching from Glasgow to Dover. No two Emmaus communities are the same – each has its own individual personality, providing a set of services that meet the needs of its local area.

Find out more about the roots of Emmaus and how the movement has developed to serve people in need.

[emmaus-international.org/en/](https://emmaus-international.org/en/) 





# Chef Patron

## Role overview

The Chef Patron will be working within the Emmaus North East community house in and kitchen in South Shields, under the supervision of the Deputy Community Manager.

During a working day, you will provide breakfast, a packed lunch and an evening meal for 22 companions.

The overall weekly hours will be 37 and will need to be worked flexibly to ensure the requirements of the role can be met.

Over time, the role will involve additional responsibilities such as the management of the day to day running of the kitchen and dining area, compliance with food hygiene and health & safety and coaching companions to cook and manage on a budget.

The successful Time to Shine candidate will also be expected to have completed a qualification or be willing to do so.



# Duties & responsibilities

## Communication

- Good communication skills required for dealing with colleagues, suppliers and companions
- Confidence in dealing with the public
- Ability to negotiate the price of supplies
- Communicating menu options

## Knowledge

- Knowledge of food preparation, cooking, health and safety and food hygiene
- An ability to prepare a menu considering health and wellbeing of the companions

## Literacy and Numeracy

- Managing the catering and food budget.
- Production of a menu which will be displayed weekly and daily

## Organisation skills

- Required for managing the stock and cleanliness of the kitchen and dining area
- Stock rotation
- Organising items for delivery.
- Self-motivation to organise time management of the day

## Physical capabilities

- Endurance as will often be on feet all day, sometimes with minimal opportunities for breaks.
- Overall good mobility

## Team working

- Ability to work alongside team members, other staff and companions
- Ability to compromise and see things through the eyes of others

## Time management

- Ability to motivate self when working at quieter times as well as managing in busy periods

## Use of equipment

- Labelling, steaming, cleaning equipment

## Responsibility

- Will be working alone at times so need to be aware of safety



## Terms of employment

|                                  |  |
|----------------------------------|--|
| <b>Salary:</b>                   | £20,971 per annum  |
| <b>Hours of work:</b>            | 37 hours per week, flexibility required                                  |
| <b>Contract:</b>                 | Permanent  |
| <b>Pension:</b>                  | Pension scheme offered after completion of a 3 month probationary period |
| <b>Holidays:</b>                 | 23 days per year plus bank holidays                                      |
| <b>Training and development:</b> | Individually tailored induction, training and development                |

## Application process

To apply please complete our application form and send to Ruth Parker at [ruth.parker@emmaus-northeast.org.uk](mailto:ruth.parker@emmaus-northeast.org.uk)

If you would like an informal discussion about the role please contact Ade Hazelwood on 0191 4899001 or e mail [Adrian.hazelwood@emmaus-northeast.org.uk](mailto:Adrian.hazelwood@emmaus-northeast.org.uk)

**The closing date for applications is 5:00pm on 7th November 2022.**

Those shortlisted will be invited to interview on 10th November 2022.